

**Table 1.** The structure of therapy sessions

<b>First session</b> Performing pre-test, introduction with the group members and the therapist, introducing the rules, introducing frameworks, the general principles of brief solution-focused couple therapy, introducing the problem, asking subjects to mention their problem in a word and turn that word into a sentence, changing the problem into accessible goals, discussion on the problem and introducing the assignments
<b>Second session</b> Checking the assignments of the previous session, setting goals, introducing solutions for complaints, formulating problem solving loops and introducing the assignments
<b>Third session</b> A brief of previous session and review of the problem, talking about the future, using exceptions and miracle question strategy, finding a positive story and introducing the assignments
<b>Fourth session</b> Checking the assignments and a brief of previous session, introducing and using master key method, introducing scaling questions method and introducing the assignments
<b>Fifth session</b> Checking the assignments of the previous session, introducing master key method, simulative assignment method, introducing problem solving questions, introducing proof by contradiction and contradictory betting and introducing the assignments
<b>Sixth session</b> A brief of previous session and review the assignments, introducing graded questions, determination of whether the respondents have met the goals of the treatment, Performing post-test

**Table 2.** Comparison of the mean scores of happiness and marital conflicts in the experimental and control groups at different stages using repeated measures of variance (N=17)

<b>Variables</b>	<b>Experimental group</b>	<b>Control group</b>	<b>F (Experimental group)</b>	<b>P value</b>
<b>Happiness</b>				
Pre-test	57.13±13.12	57.87±15.17	65.52	<0.01
Post-test	67.19±14.81	60.37±13.97		
Follow-up	66.08±15.07	59.97±13.54		
<b>Marital conflicts</b>				
Pre-test	132.23±17.70	130.33±15.30	9.71	<0.01
Post-test	99.86±15.16	126.60±17.72		
Follow-up	98.97±16.09	128.17±15.99		

**Table 3.** The paired comparison of the mean scores of happiness and marital satisfaction in the experimental group according to the time using the LSD post-hoc test

Stage A	Stage B	Mean difference (A-B)	Standard error	P value
<b>Happiness</b>				
Pre-test	Post-test	-10.12	2.07	0.01
	Follow-up	-9.97	2.09	0.01
Post-test	Follow-up	0.15	0.12	0.32
<b>Marital conflicts</b>				
Pre-test	Post-test	31.09	4.97	0.01
	Follow-up	32.87	4.94	0.01
Post-test	Follow-up	-1.77	1.12	0.09