

**Table 1.** The mean scores of mental health, hardiness, religious commitment and their components in veterans' spouses (N=250)

<b>Variables</b>	<b>Scores</b>
<b>Mental health</b>	
Physical problems	6.62±3.47
Anxiety and Insomnia	5.85±4.42
social problems	9.97±4.81
Depression	4.40±3.00
Total	25.53±12.61
<b>Hardiness</b>	
Commitment	2.04±0.55
Challenge	1.96±0.53
Control	1.92±0.52
Total	32.66±8.85
<b>Religious commitment</b>	
Internal commitment	24.54±3.64
External commitment	15.08±3.55
Total	39.62±6.56

**Table 2.** Regression analysis results explaining criterion variables based on predictive variable

<b>Predictive variable</b>	<b>Criterion variables</b>	<b>Non-standardized coefficient B</b>	<b>standardized beta coefficient</b>	<b>t</b>	<b>R<sup>2</sup></b>	<b>P value</b>
<b>Religious commitment</b>	Hardiness	0.159	0.210	1.783	0.04	0.05
	Mental health	0.125	0.144	1.361	0.15	0.02