

**Table 1.** Descriptive statistics of the quality of life score and its different domains

<b>Variables</b>	<b>Mean scores</b>	<b>Minimum obtainable score</b>	<b>Maximum obtainable score</b>
<b>Physical health</b>	57.75±19.00	3.57	100
<b>Mental health</b>	56.68±17.08	8.33	100
<b>Social health</b>	57.47±20.73	8.33	100
<b>Environmental Health</b>	56.76±15.49	0	100
<b>General public health</b>	62.81±18.57	0	100
<b>Quality of life (total)</b>	295.62±77.93	98.96	496.88

**Table 2.** Matrix of correlation coefficients between age, quality of life and its dimensions

<b>Variable</b>	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>
<b>1- Age</b>	1				
<b>2- Physical health</b>	**-.0245	1			
<b>3- Mental health</b>	*-.0127	**0.761	1		
<b>4- Social health</b>	-0.101	**0.713	**0.705	1	
<b>5- Environmental Health</b>	*-.0115	**0.676	**0.745	**0.663	1
<b>6- Quality of life and general health</b>	**-.0234	**0.744	**0.714	**0.591	**0.584

\*p<0.05; \*\*p<0.001

**Table 3.** Comparison of the mean scores of components of quality of life according to demographic variables using Mann-Whitney test

<b>Variables</b>	<b>No. (%)</b>	<b>Physical health</b>	<b>Mental health</b>	<b>Social health</b>	<b>Environmental Health</b>	<b>General health</b>
<b>Gender</b>						
Male	299 (73.3)	59.58±18.07	58.65±16.84	58.57±21.09	57.82±15.73	64.56±17.60
Female	109 (26.7)	52.75±20.59	51.29±16.64	53.97±19.20	53.78±14.46	58.02±20.30
P value	-	0.006	<0.001	0.108	0.007	0.003
<b>Cell phone</b>						
Yes	368 (90.2)	58.79±18.95	57.21±16.92	59.00±20.04	56.81±15.23	63.69±18.55
No	40 (9.8)	48.26±17.14	52.70±17.89	44.59±22.41	56.56±17.87	55.00±17.17
P value	-	<0.001	0.090	<0.001	0.512	0.002
<b>Type of home</b>						
Owning a home	338 (82.8)	58.14±19.03	56.87±16.58	57.88±20.82	56.92±14.41	63.74±18.63
Leased	70 (17.2)	55.32±18.91	55.72±19.87	54.76±20.58	56.20±20.12	58.33±18.14
P value	-	0.178	0.743	0.217	0.928	0.012

**Table 4.** Comparison of the mean scores of quality of life components according to demographic variables using Kruskal-Wallis test

Variables	No. (%)	Physical health	Mental health	Social health	Environmental Health	General health
<b>Marital status</b>						
Single	35 (8.6)	58.25±17.60	51.30±10.96	48.80±19.23	57.99±14.12	59.64±13.92
Married	331 (81.1)	59.51±18.39	58.70±16.73	58.90±20.48	57.47±15.38	64.83±17.99
Widow	39 (9.6)	43.32±19.75	45.94±19.72	40.62±18.47	49.58±16.42	49.35±21.83
Divorced	3 (0.7)	61.90±23.77	56.94±25.11	75.00±0.01	64.58±17.21	58.33±14.43
P value	-	<0.001	<0.001	<0.001	0.007	<0.001
<b>Education</b>						
Below diploma	143 (35.0)	49.65±18.32	48.46±16.32	49.59±19.87	49.90±13.85	56.64±18.27
Diploma and Associate Degree	161 (39.5)	59.47±17.60	58.93±15.66	58.73±20.13	58.41±15.18	64.63±18.18
Bachelor and Master' degrees	87 (21.3)	66.52±17.95	63.88±15.52	66.10±19.76	63.02±14.06	68.02±17.84
PhD	17 (4.2)	65.54±18.20	65.83±17.90	66.66±17.90	65.25±18.28	71.32±15.78
P value	-	<0.001	<0.001	<0.001	<0.001	<0.001
<b>Income</b>						
Less than 700,000 Tomans	61 (14.9)	45.93±13.66	45.62±14.38	47.32±20.46	47.88±15.72	51.45±15.45
700 thousand to one million tomans	78 (19.1)	51.20±13.93	52.17±14.34	48.38±19.09	52.38±13.22	57.23±15.58
1-2 million tomans	122 (29.9)	58.04±16.95	57.75±14.93	58.02±20.47	58.60±14.57	63.02±15.23
2 million and over	147 (36.0)	65.98±20.75	62.74±18.40	66.27±18.18	61.22±15.47	70.17±20.63
P value	-	<0.001	<0.001	<0.001	<0.001	<0.001
<b>Purpose of using cell phone</b>						
Entertainment	81 (22.0)	54.24±16.29	53.69±14.42	54.94±19.84	57.31±17.38	59.86±15.14
Awareness	149 (40.5)	65.07±13.62	61.92±13.00	63.15±18.02	59.17±12.08	68.54±13.90
Communication	60 (16.3)	63.00±14.90	60.41±13.34	61.11±16.17	57.93±9.89	68.51±11.69
All	78 (21.2)	58.98±18.62	62.50±16.25	58.58±22.29	60.51±14.98	67.50±18.49
P value	-	0.004	0.027	0.287	0.918	0.024
<b>The length of using cell phone</b>						
1-6 months	16 (4.3)	47.95±11.81	52.77±4.30	53.57±16.56	54.01±12.19	66.07±15.66
6 months to one year	33 (9.0)	56.37±13.37	54.72±13.06	61.11±19.07	55.41±13.79	58.33±14.68
1-2 years	110 (29.9)	58.73±15.27	57.59±12.50	53.80±20.08	56.38±14.70	65.05±12.75

Over 3 years	209 (56.8)	63.96±16.28	62.88±15.40	64.05±17.98	58.78±13.76	68.75±16.20
P value	-	0.010	0.040	0.045	0.091	0.039
<b>Living status</b>						
Living with spouse	153 (37.5)	55.96±18.59	56.64±17.45	57.69±22.08	56.52±15.81	63.24±18.55
With spouse and single child	166 (40.7)	62.72±17.84	60.21±15.91	59.88±19.65	58.47±14.88	66.10±17.49
Widow and living with a child	13 (3.2)	63.39±14.61	60.06±18.58	48.80±11.20	60.41±12.59	63.46±21.92
Married and living in married child's home	13 (3.2)	60.43±17.21	61.63±20.75	57.69±12.93	58.41±15.59	66.34±17.21
Widow and living in married child's home	8 (2.0)	37.05±15.96	38.54±16.02	41.66±0.01±	48.21±23.30	43.75±16.36
Alone	55 (13.5)	48.14±19.12	47.83±14.24	46.87±21.35	52.08±15.36	53.40±17.58
P value	-	<0.001	<0.001	0.026	0.010	<0.001