

**Table 1.** Fit statistics to confirm the validity of model's constructs of information, motivation and behavioral skills

<b>Indices</b>	<b>Values</b>
<b>X2</b>	390.23
<b>Degree of freedom</b>	198
<b>X2/df</b>	1.97
<b>AGFI</b>	0.90
<b>GFI</b>	0.89
<b>RMSEA</b>	0.071

**Table 2.** Test-retest results to determine the reliability of the questionnaire

<b>Indices</b>	<b>Information</b>	<b>Motivation</b>	<b>Behavioral skills</b>
<b>ICC coefficient</b>	0.92	0.89	0.96
<b>P value</b>	0.0001	0.0001	0.0001
<b>Cronbach's alpha coefficients</b>	0.87	0.94	0.70