

Table 1) Demographic information of the elderly during the war

Variable	Frequency	Frequency percentage
Gender		
Male	104	45.8
Female	123	54.2
Education		
Illiterate	157	69.2
Primary school	32	14.1
Secondary school	15	6.6
High school	19	8.3
University	4	1.8
Marital status		
Single	27	11.9
Married	199	87.7
Widow	1	0.4
Number of years of residence in Ilam during the war		
1	8	3.5
2	3	1.4
3	2	0.9
3<	214	94.2
Employment in wartime		
Housekeeper	115	50.7
Employee	20	8.8
Self-employment	56	24.7
Pensioner	4	1.8
Retired	2	0.8
Voluntary work	24	10.6
Student	6	2.6
Witnessing the injury or deaths		
Yes	150	66.1
No	77	33.9
Witnessing the injury of family members		
Yes	37	16.3
No	190	83.7
Witnessing the injury of relatives		
Yes	83	36.6
No	144	63.4
Witnessing the injury of strangers		
Yes	124	54.6
No	103	45.4

Table 2) Results of T-test for chronic diseases variable in the elderly

Daises	Class	Mean	T-value	P-value
Cardiovascular disease	Yes	16.90±6.40	0.48	0.63
	No	17.38±6.74		
Hypertension	Yes	17.10±7.19	0.31	0.76
	No	17.38±6.22		
Vision problems	Yes	19.00±5.00	-1.23	0.22
	No	17.09±6.73		
Hyperlipidemia	Yes	19.08±7.19	-2.19	0.03
	No	16.76±6.41		
Diabetes	Yes	19.50±6.06	-1.99	0.05
	No	16.92±6.67		
Gastrointestinal disorders	Yes	20.22±5.68	-3.87	0.00
	No	16.34±6.66		
Musculoskeletal disorders	Yes	18.92±6.07	-2.39	0.02
	No	16.61±6.76		
Hearing problems	Yes	21.71±3.85	-5.11	0.00
	No	16.81±6.70		
Depression or anxiety	Yes	21.79±4.91	-5.95	0.00
	No	16.32±6.57		
Chronic respiratory diseases	Yes	19.33±8.12	-1.11	0.27