

Table 1. The mean scores of the life style, resilience and mental health of veterans' spouses according to parenting style in the family

Variables	Scores
Life style	
Permissive	75.85±9.25
Authoritarian	78.90±7.89
Authoritative	74.66±9.45
Resilience	
Permissive	50.48±20.27
Authoritarian	59.71±19.86
Authoritative	51.06±20.90
Mental health	
Permissive	35.85±14.89
Authoritarian	31.19±9.12
Authoritative	33.40±12.91

Table 2. Correlation coefficients between resilience and mental health with lifestyle variables and parenting styles among veterans' spouses

Variables	Resilience		Mental health	
	Correlation coefficient	P value	Correlation coefficient	P value
Life style	0.559	0.0001	-0.277	0.0001
Permissive style	-0.071	0.178	0.089	0.123
Authoritarian style	-0.125	0.042	0.094	0.048
Authoritative style	0.119	0.060	-0.133	0.024