

Table 1) 12-week exercise program (5 days per week) for one-sided under-knee male amputee veterans suffered from low back pain

Type of Exercise	Turn	Repetition	Duration
The Release phase of myofascial using foam roller			
Myofascial release of gluteus maximus, Hamstring muscle, Quadriceps femoris muscle, Iliotibial band, Tensor fasciae, Toracolumbar by the person	1	1	60 second
Stretch Phase			
Close up of fingers to toes in a sitting position with right knees, hamstring stretching, moving hands forward and sides in sitting position with completely distant lower extremities, kneading, bending back trunk in lumbar position, trunk rotation in back position with open arms and bending knees	1	4	30 Seconds
Activation phase and coherence			
Split, reciprocal movement of the upper and lower limbs in the abdomen position, cross-movement of the upper and lower limbs in the four-legged position, sit-ups with bending knees, staying in ancient swim mode, walking based on latin-8 pattern, aslant movement of the upper limbs toward the low extremity in standing position	2	10	4 seconds

Table 2) Comparison of the mean of studied variables before and after the intervention of the corrective exercises

Variables	Pretest	Posttest	Significance Level
The severity of the pain in the worst situation	7.85±1.60	5.15±2.70	0.04
Current severity of the pain	3.35±2.20	2.45±2.70	0.001
Maximum Muscle Contraction (microvolt)			
Amputation side	62.00±27.90	86.03±25.20	0.001
Healthy side	69.20±33.60	79.56±28.40	0.08
Asymmetry	20.45±18.00	19.80±17.30	0.9
Muscular Endurance (microvolt)			
Amputation side	78.72±40.30	73.31±29.00	0.48
Healthy side	75.31±32.80	68.98±27.70	0.24
Asymmetry	16.63±11.30	13.47±8.80	0.26