

**Table 1.** The absolute and relative frequency distribution (numbers in parentheses are percentages) of demographic qualitative variables in the experimental (n = 60) and control (n = 44) groups

<b>Demographic variables</b>	<b>Experimental group</b>	<b>Control group</b>
<b>Gender</b>		
Male	25 (41.6)	16 (36.4)
Female	35 (58.4)	28 (63.6)
<b>Educational level</b>		
Elementary	8 (13.3)	6 (13.6)
Secondary school	11 (18.3)	5 (11.4)
High school	33 (55.0)	32 (72.7)
University	8 (13.3)	1 (2.3)
<b>Marital status</b>		
Single	8 (13.3)	2 (4.5)
Married	49 (81.7)	42 (95.5)
Other	3 (5.0)	0
<b>Work experience</b>		
Less than 15 years	21 (35.0)	15 (34.1)
15 years and more	39 (65.0)	29 (65.9)

**Table 2.** Comparison of the mean scores of self-efficacy and communication skills domains before and after the educational intervention in the experimental (n = 60) and control (n = 44) groups

<b>Variables</b>	<b>Experimental group</b>	<b>Control group</b>	<b>P value</b>
<b>Self-efficacy</b>			
Before intervention	31.52±2.91	31.3±2.64	0.704
After intervention	4.00±34.25±	31.26±4.52	<0.001
P value	0.001	0.865	-
<b>Communication skills at the beginning of the session</b>			
Before intervention	2.52±0.62	2.38±0.51	0.06
After intervention	3.79±0.46	2.87±0.72	<0.001
P value	0.001	0.001	-
<b>Relationship skill</b>			
Before intervention	8.95±1.57	9.00±1.54	0.684
After intervention	11.91±1.78	9.75±2.03	<0.001
P value	0.001	0.06	-
<b>Data collection skill</b>			
Before intervention	5.00±0.78	4.84±0.63	0.185
After intervention	5.51±0.56	4.55±0.49	<0.001
P value	0.001	0.04	-
<b>Paying attention to the clients' view skill</b>			
Before intervention	3.25±0.89	2.84±0.75	0.06
After intervention	3.78±0.48	2.77±0.62	<0.001
P value	0.001	0.39	-
<b>Information presentation skill</b>			
Before intervention	4.67±0.75	4.59±0.87	0.56
After intervention	5.49±0.64	4.69±0.61	0.001
P value	0.001	0.55	-
<b>Mutual agreement Skill</b>			
Before intervention	2.87±0.56	2.84±0.73	0.95
After intervention	3.21±0.58	2.66±0.64	<0.001
P value	0.001	0.27	-
<b>Ending the session skill</b>			
Before intervention	5.64±1.00	5.37±0.85	0.06
After intervention	6.81±0.92	5.66±1.10	<0.001
P value	0.001	0.17	-