

Table 1. The absolute and relative frequency of students' demographic characteristics (n=256)

Variables	No.	%
Gender		
Male	48	18.8
Female	208	81.2
Occupation		
Student	177	69.6
Student and employee	79	30.0
Educational level		
Associate degree	14	5.5
Bachelor degree	242	94.5
Major		
Radiology	33	12.9
Anesthesiology	7	2.7
Undergraduate public health	79	30.9
Environmental health	45	17.6
Speech Therapy	13	5.1
Bachelor of Public Health	79	30.9

Table 2. The mean scores and absolute and relative frequency of students' answers to spiritual health questionnaire

Questions	Scores	Totally agree	Agree	Relatively agree	Relatively disagree	Disagreed	Totally disagree
1- I do not feel much satisfied with God in prayer and solitude.	4.94±1.2 7	5 (2.0)	16 (6.3)	6 (6.3)	20 (7.8)	94 (36.7)	105 (41.0)
2. I do not know who I am, where I came from and where I will go.	4.94±1.1 8	5 (2.0)	8 (3.1)	21 (8.2)	27 (10.5)	97 (37.9)	98 (38.3)
3. I believe that God loves me and is watching over me.	2.95±2.0 6	94 (36.7)	57 (22.3)	17 (6.6)	7 (2.7)	16 (6.3)	65 (25.4)
4. I feel that life is a positive experience.	3.10±1.5 6	36 (14.1)	78 (30.5)	52 (20.3)	33 (12.9)	28 (10.9)	29 (11.3)
5. I believe that God has no role in my life.	5.35±1.1 5	4 (1.6)	13 (5.1)	5 (2.0)	8 (3.1)	62 (24.2)	164 (64.1)
6. I feel that I have an uncertain future.	4.53±1.3 0	7 (2.7)	11 (4.3)	41 (16.1)	43 (16.9)	86 (33.7)	67 (26.3)
7. I have a special relationship with God.	3.20±1.5 3	30 (11.8)	66 (25.9)	74 (29.0)	21 (8.2)	35 (13.7)	29 (11.4)
8. I feel perfect in my life and I am satisfied with my life.	3.44±1.2 9	13 (5.1)	47 (18.4)	85 (33.3)	53 (20.8)	38 (14.9)	19 (7.5)
9- I feel that I have not supported by God.	4.98±1.2 5	4 (1.6)	12 (4.7)	22 (8.6)	25 (9.8)	75 (29.3)	118 (46.1)
10- I feel good about my life ahead.	3.02±1.4 7	42 (16.5)	65 (25.5)	56 (22.0)	48 (18.8)	25 (9.8)	19 (7.5)
11. I believe God concern about my problems.	3.18±1.8 6	57 (22.3)	69 (27.0)	33 (12.9)	14 (5.5)	32 (12.5)	51 (19.9)
12. I don't enjoy my life much.	4.50±1.2 4	2 (0.8)	25 (9.8)	26 (10.2)	43 (16.9)	108 (42.4)	51 (20.0)
13. I do not have a satisfying personal relationship with God.	4.58±1.3 5	12 (4.7)	15 (5.9)	18 (7.1)	41 (16.2)	103 (40.7)	64 (25.3)
14. I feel good about my future.	3.01±1.5 0	40 (15.6)	74 (28.9)	56 (21.9)	34 (13.3)	32 (12.5)	20 (7.8)
15. Communication with God helps me not to feel lonely.	3.16±1.8 7	58 (22.7)	71 (27.8)	32 (12.5)	10 (3.9)	33 (12.9)	51 (20.0)
16. I feel that life is full of grief and unhappiness.	4.14±1.3 2	10 (3.9)	24 (9.4)	42 (16.5)	54 (21.2)	92 (36.1)	33 (12.9)
17. When I have a close and intimate relationship with God, I feel perfect.	3.12±1.7 8	59 (23.1)	64 (25.1)	33 (12.9)	22 (8.6)	40 (15.7)	37 (14.5)
18. Life doesn't make much sense.	4.71±1.3 5	7 (2.7)	18 (7.0)	27 (10.5)	22 (8.6)	96 (37.5)	86 (33.6)
19. Communication with God has a bearing on my sense of health.	2.97±1.8 7	77 (30.1)	60 (23.4)	28 (10.9)	17 (6.6)	31 (12.1)	43 (16.8)
20. I believe there is a specific purpose to living.	2.91±1.8 8	76 (29.7)	70 (27.3)	28 (10.9)	14 (5.5)	18 (7.0)	50 (19.5)

Table 3. The mean Spearman's correlation coefficients between spiritual health and its dimensions among students

Variables	Scores	1	2
1- Religious health	38.38±10.56	1	
2- Existential Health	38.26±7.37	*0.648	1
3- Spiritual health	76.62±16.87	*0.913	*0.864

* p<0.001