

Table 1. The frequency of demographic characteristics of participants in the study (n=323)

Variable	Group	Number	Percentage
Age, year	<20	9	2.8
	20-24	46	14.2
	25-29	93	28.9
	30-34	87	26.9
	35-39	58	17.9
	40<	30	9.3
Education	Elementary	45	13.9
	Guidance school	59	18.3
	Diploma	93	28.8
	University	126	39
Occupation	Employed	41	12.7
	Housewife	282	87.3

Table 2. The frequency of overall health literacy levels and mean and standard deviation of health literacy (n=323)

Health literacy levels	Number	Percentage
0-59 (inadequate)	73	22.6
60-74 (borderline)	72	22.3
75-100 (adequate)	178	55.1
The mean and standard deviation of understanding and reading	38.87±8.33	
The mean and standard deviation of reading	11.11±4.4	
The mean and standard deviation of overall health literacy	71.56±17.8	

Table 3. The correlation between age and health literacy in the subjects

Variables	1	2	3
Age	1		
Health literacy (reading)	*-0.131	1	
Health literacy (evaluation)	0.041	**0.373	1

Table 4. The relationship between demographic variables and health literacy and its dimensions

Demographic variables		Overall health literacy		Health literacy (reading)		Health literacy (evaluation)	
		SD±mean	P value	SD±mean	P value	SD±mean	P value
Age, year	18-30	71.19±17.15	0.565	39.29±7.21	0.360	10.85±4.5	0.162
	Over 30	72.36±18.58		38.42±9.41		11.54±4.19	
Education	Elementary and guidance school	9.90±4.75	<0.001	34.35±8.71	<0.001	9.90±4.75	<0.001
	High school and diploma	10.26±4.56		39.18±37.7		10.26±4.56	
	University	89.87±13.97		42.38±6.85		89.87±13.97	
Occupation	Employed	12.37±14.80	0.044	37.02±5.70	<0.001	12.37±3.95	0.044
	Housewife	10.98±4.39		38.23±8.54		10.98±4.39	
Economic status	Poor	63.03±17.75	0.150	37.8±8.12	0.109	10.62±4.52	0.374
	Moderate	72.132±17.87		38.95±8.69		11.28±4.29	
	Good	74.91±17.27		40.93±7.02		11.55±4.53	