

Table 1) Demographic characteristics of subjects in two experimental and control groups

Variable	Group		Result of Test
	Experimental	Control	
Male	23(48.9)	23(51.1)	*p=0.840
Female	24(51.1)	22(48.9)	
Illiterate	23(54.8)	31(68.1)	**p=0.430
Primary and Junior High School	16(38.1)	12(27.7)	
Diploma and Higher	3(7.1)	2(4.3)	
Retired	14(29.8)	10(23.4)	*p=0.420
Self-employed	20(42.6)	16(36.2)	
Others	13(27.7)	19(40.4)	

**Fisher's Exact Test

Table 2) Comparison of the mean scores of the level of health control and its subscales in the intervention and control group before and after intervention

Variable	Intervention	Experimental Group	Control Group	Result of Statistical Test
		Mean ± Standard Deviation	Mean ± Standard Deviation	
Internal	Before Intervention	21.32±11.43	24.04±18.07	0.380
	After Intervention	26.51±10.90	22.08±9.74	0.040
	Result of Statistical Test	0.008	0.550	
Effective Persons	Before Intervention	19.09±10.71	22.11±11.48	0.190
	After Intervention	17.02±10.22	21.68±10.82	0.030
	Result of Statistical Test	<0.001	0.270	
Chance	Before Intervention	16.62±9.65	13.09±10.10	0.090
	After Intervention	9.11±3.74	14.89±9.95	<0.001
	Result of Statistical Test	0.430	0.860	

Table 3) Mean score of health literacy level in two experimental and control group before and after intervention

Group	Intervention Group		Control Group		Significance Level
	Standard ±Mean	Deviation	Standard ±Mean	Deviation	
Before Intervention	52.60±11.95		48.07±12.54		0.080
After Intervention	77.68±7.60		51.18±13.99		<0.001
	<0.001		0.200		