

Table 1. The absolute and relative frequency of demographic variables of elderly parents of martyrs in Tehran (n=600)

Demographic variables	No.	%
Age (year)		
60-74	225	37.5
75-84	283	47.2
Over 85	92	15.3
Gender		
Male	218	36.3
Female	382	63.7
Ethnicity		
Fars	343	57.1
Turk	223	37.1
Kurdish	15	2.5
Lorish	17	2.8
Baloch	2	0.3
Marital status		
Married	379	63.1
Widow	211	35.2
Divorced	10	1.7
Number of children		
No child	2	0.3
1-2	40	6.7
3-5	344	57.3
6-8	184	30.7
Over 9	30	5.0
Ability to read and write		
Yes	286	47.7
No	314	52.3
Occupation		
Employed	18	3.0
Employed after retirement	13	2.2
Retired	153	25.5
Unemployed	43	7.2
Housewife	373	62.1
Source of income		
One source	280	46.7
Two sources	301	50.2
Over two sources	19	3.1

Table 2. The absolute and relative frequency of activities of daily living (physical health) and mental well-being activity among elderly parents of martyrs in Tehran (n=600)

Variables	No.	%
Activities of daily living (ADL)		
Independent	107	17.9
Need help	58	9.7
Dependent	435	72.5
Mental well-being		
Low welfare	323	53.8
High welfare	277	46.2

Table 3. The relationship between activities of daily living status and demographic variables in elderly parents of martyrs using independent T-Test and One-Way ANOVA

Demographic variables	Scores	Test results		Degree of freedom	P value
		t value	F value		
Age (year)					
60-74	2.64±0.72	-	6.40	2.597	0.002
75-84	2.55±0.78				
Over 85	2.30±0.87				
Gender					
Male	10.33±3.14	1.51	-	598	0.13
Female	9.93±3.18				
Ethnicity					
Fars	2.61±0.74	-	1.12	5.595	0.07
Turk	2.43±0.84				
Kurdish	2.67±0.62				
Lorish	2.47±0.62				
Baloch	3.00±0.01				
Marital status					
Married	2.61±0.74	-	3.98	2.597	0.02
Widow	2.43±0.82				
Divorced	2.40±0.97				
Number of children					
No child	3.00±0.01	-	0.85	4.595	0.49
1-2	2.67±0.62				
3-5	2.51±0.82				
6-8	2.59±0.74				
Over 9	2.46±0.73				
Ability to read and write					
Yes	2.65±0.71		-	598	0.001
No	2.44±0.82	3.25			
Occupation					
Employed	2.90±0.47	-	1.24	4.595	0.29
Employed after retirement	2.70±0.75				
Retired	2.60±0.77				
Unemployed	2.51±0.80				
Housewife	2.51±0.80				
Source of income					
One source	2.45±0.83		3.84	2.597	Feb-0.0
Two sources	2.62±0.83				
Over two sources	2.68±0.67				

Table 4. The relationship between psychological well-being and demographic variables in elderly parents of martyrs using independent T-test and one-way ANOVA

Demographic variables	Scores	Results		Degree of freedom	P value
		t value	F value		
Age (year)					
60-74	1.50±0.49	-	0.41	1.598	0.44
75-84	1.43±0.47				
Over 85	1.47±0.50				
Gender					
Male	1.51±0.52	2.10	-	598	0.03
Female	1.42±0.38				
Ethnicity					
Fars	1.50±0.39	-	1.50	4.595	0.20
Turk	1.41±0.49				
Kurdish	1.40±0.50				
Lorish	1.48±0.51				
Baloch	1.00±0.01				
Marital status					
Married	1.48±0.50	-	2.53	2.597	0.008
Widow	1.41±0.51				
Divorced	1.40±0.49				
Number of children					
No child	2.00±0.01	-	1.38	4.595	0.24
1-2	1.48±0.51				
3-5	1.44±0.55				
6-8	1.51±0.47				
Over 9	3.00±1.40				
Ability to read and write					
Yes	1.53±0.49	3.46	-	598	0.001
No	1.40±0.50				
Occupation					
Employed	1.61±0.48	-	1.15	4.595	0.33
Employed after retirement	1.61±0.53				
Retired	1.49±0.45				
Unemployed	1.44±0.38				
Housewife	1.44±0.44				
Source of income					
One source	1.40±0.53		4.70	2.597	0.01
Two sources	1.52±0.49				
Over two sources	1.58±0.51				