

Table 1) Statistical mean scores of STSS and its components in wives of the veterans with PTSD referred to Sadr Psychiatric Hospital, Tehran, from 2006 to 2013, in experiment (12 persons) and control (12 persons) groups in pretest and post-test stages

Variables	Experiment Group	Control Group
Disturbance		
Pre-test	17.27±4.07	18.36±4.27
Post-test	12.72±3.28	18.27±4.22
Avoidance		
Pre-test	22.27±4.90	21.45±7.68
Post-test	17.27±3.63	21.00±7.49
Arousal		
Pre-test	19.54±2.87	18.54±4.59
Post-test	14.45±3.01	19.27±5.83
Secondary Trauma (total score)		
Pre-test	59.09±10.40	58.81±16.34
Post-test	44.45±8.31	58.81±15.40