Table 1) The mean scores of veterans in each of the items related to the barriers and benefits of sports participation

2. Lack of support for sports from educational centers such as university 3. The lack of support from media for veterans and disabled people sport 4. Lack of attention of authorities to veterans and disabled peoples' sports 5. Fear of physical injuries caused by exercise 6. The lack of successful veterans' sport patterns in the province 7. Limitations on physical ability 8. Lack of interest 9. Not having the necessary motivation 4. Data to the necessary skills 1. Laziness and jest 1. Laziness and jest 1. Laziness and jest 1. Lack of self-confidence and self-esteem 1. Lack of self-confidence and self-esteem 1. Family disagreement with participation in sports 1. Not exercising by family members 1. Not exercising by family members 1. Lack of vehicle and transportation 1. Lack of access to the appropriate gyms 1. Lack and expense of sports equipment 2. Inappropriate time spent exercising sports facilities 2. Expenses to participate in sport activities 3. Senefits of sport participation	4±0.87 7±1.03 8±0.99 2±1.02 7±1.12 1±1.08 9±1.05 5±1.11 2±0.88 3±1.09 9±0.95
2. Lack of support for sports from educational centers such as university 3. The lack of support from media for veterans and disabled people sport 4. Lack of attention of authorities to veterans and disabled peoples' sports 5. Fear of physical injuries caused by exercise 6. The lack of successful veterans' sport patterns in the province 7. Limitations on physical ability 8. Lack of interest 9. Not having the necessary motivation 10. Lack of necessary skills 11. Laziness and jest 12. Shyness 13. Lack of self-confidence and self-esteem 14. Family disagreement with participation in sports 15. Not exercising by family members 16. Economic status of family 17. Lack of vehicle and transportation 18. Lack of access to the appropriate gyms 19. Lack and expense of sports equipment 20. Inappropriate time spent exercising sports facilities 21. Failure to invest in sports facilities development 22. Expenses to participate in sport activities 3.90 3.91 3.92 3.93 3.94 3.94 3.95 3.95 3.96 3.96 3.96 3.97 3.97 3.97 3.97 3.97 3.97 3.97 3.97	7±1.03 8±0.99 2±1.02 7±1.12 1±1.08 9±1.05 5±1.11 2±0.88 3±1.09 9±0.95
3. The lack of support from media for veterans and disabled people sport 4. Lack of attention of authorities to veterans and disabled peoples' sports 5. Fear of physical injuries caused by exercise 6. The lack of successful veterans' sport patterns in the province 7. Limitations on physical ability 8. Lack of interest 9. Not having the necessary motivation 4.0. Lack of necessary skills 10. Lack of necessary skills 11. Laziness and jest 12. Shyness 13. Lack of self-confidence and self-esteem 14. Family disagreement with participation in sports 15. Not exercising by family members 16. Economic status of family 17. Lack of vehicle and transportation 18. Lack of access to the appropriate gyms 19. Lack and expense of sports equipment 20. Inappropriate time spent exercising sports facilities 21. Failure to invest in sports facilities development 22. Expenses to participate in sport activities 3.90 3.91 3.92 3.93 3.94 3.94 3.95 3.96 3.96 3.97 3.96 3.97 3.97 3.97 3.97 3.97 3.97 3.97 3.97	8±0.99 2±1.02 7±1.12 1±1.08 9±1.05 5±1.11 2±0.88 3±1.09 9±0.95
4. Lack of attention of authorities to veterans and disabled peoples' sports 5. Fear of physical injuries caused by exercise 6. The lack of successful veterans' sport patterns in the province 7. Limitations on physical ability 8. Lack of interest 9. Not having the necessary motivation 4. Date of necessary skills 10. Lack of necessary skills 11. Laziness and jest 12. Shyness 13. Lack of self-confidence and self-esteem 14. Family disagreement with participation in sports 15. Not exercising by family members 16. Economic status of family 17. Lack of vehicle and transportation 18. Lack of access to the appropriate gyms 19. Lack and expense of sports equipment 20. Inappropriate time spent exercising sports facilities 21. Failure to invest in sports facilities development 22. Expenses to participate in sport activities 3. Senefits of sport participation	2±1.02 7±1.12 1±1.08 9±1.05 5±1.11 2±0.88 3±1.09 9±0.95
5. Fear of physical injuries caused by exercise 6. The lack of successful veterans' sport patterns in the province 7. Limitations on physical ability 8. Lack of interest 9. Not having the necessary motivation 4.0. Lack of necessary skills 2.9. 10. Lack of necessary skills 2.9. 11. Laziness and jest 3.0. 12. Shyness 3.1. Lack of self-confidence and self-esteem 3.9. 12. Not exercising by family members 3.9. 13. Lack of vehicle and transportation in sports 4.2. 15. Not exercising by family members 3.9. 16. Economic status of family 2.7. 17. Lack of vehicle and transportation 4.1. 18. Lack of access to the appropriate gyms 4.4. 19. Lack and expense of sports equipment 3.4. 20. Inappropriate time spent exercising sports facilities 2.8. 21. Failure to invest in sports facilities development 4.3. 22. Expenses to participate in sport activities 3.9. 36. 36. 36. 36. 36. 36. 36. 36. 36. 36	7±1.12 1±1.08 9±1.05 5±1.11 2±0.88 3±1.09 9±0.95
6. The lack of successful veterans' sport patterns in the province 7. Limitations on physical ability 8. Lack of interest 9. Not having the necessary motivation 4.02 10. Lack of necessary skills 2.93 11. Laziness and jest 3.04 12. Shyness 2.63 13. Lack of self-confidence and self-esteem 3.94 14. Family disagreement with participation in sports 4.25 15. Not exercising by family members 3.96 16. Economic status of family 2.77 17. Lack of vehicle and transportation 4.14 18. Lack of access to the appropriate gyms 4.4 19. Lack and expense of sports equipment 20. Inappropriate time spent exercising sports facilities 21. Failure to invest in sports facilities development 22. Expenses to participate in sport activities 3.93 3.94 3.94 3.95 3.96 3.97 3.97 3.97 3.98 3.99 3.99 3.90 3.90 3.90 3.90 3.90 3.90	1±1.08 9±1.05 5±1.11 2±0.88 3±1.09 9±0.95
7. Limitations on physical ability 8. Lack of interest 9. Not having the necessary motivation 4.0. 10. Lack of necessary skills 2.9. 11. Laziness and jest 3.0. 12. Shyness 2.6. 13. Lack of self-confidence and self-esteem 3.9. 14. Family disagreement with participation in sports 4.2. 15. Not exercising by family members 3.9. 16. Economic status of family 2.7. 17. Lack of vehicle and transportation 4.10 18. Lack of access to the appropriate gyms 4.4 19. Lack and expense of sports equipment 3.4 20. Inappropriate time spent exercising sports facilities 21. Failure to invest in sports facilities development 4.3 22. Expenses to participate in sport activities 3.9 3.9 3.9 3.9 3.9 3.9 3.9 3.9 3.9 3.9	9±1.05 5±1.11 2±0.88 3±1.09 9±0.95
8. Lack of interest 9. Not having the necessary motivation 4.0. 10. Lack of necessary skills 2.9. 11. Laziness and jest 3.0. 12. Shyness 2.6. 13. Lack of self-confidence and self-esteem 3.9. 14. Family disagreement with participation in sports 4.2. 15. Not exercising by family members 3.9. 16. Economic status of family 2.7. 17. Lack of vehicle and transportation 4.10 18. Lack of access to the appropriate gyms 4.4 19. Lack and expense of sports equipment 3.4 20. Inappropriate time spent exercising sports facilities 21. Failure to invest in sports facilities development 4.3 22. Expenses to participate in sport activities 3.9 3.9 3.9 3.9 3.9 3.9 3.9 3.9 3.9 3.9	5±1.11 2±0.88 3±1.09 9±0.95
9. Not having the necessary motivation 4.02 10. Lack of necessary skills 2.93 11. Laziness and jest 3.04 12. Shyness 2.66 13. Lack of self-confidence and self-esteem 3.91 14. Family disagreement with participation in sports 15. Not exercising by family members 3.94 16. Economic status of family 2.75 17. Lack of vehicle and transportation 4.16 18. Lack of access to the appropriate gyms 4.4 19. Lack and expense of sports equipment 3.4 20. Inappropriate time spent exercising sports facilities 21. Failure to invest in sports facilities development 4.37 22. Expenses to participate in sport activities 3.98 Benefits of sport participation	2±0.88 3±1.09 9±0.95
10. Lack of necessary skills 11. Laziness and jest 12. Shyness 13. Lack of self-confidence and self-esteem 14. Family disagreement with participation in sports 15. Not exercising by family members 16. Economic status of family 17. Lack of vehicle and transportation 18. Lack of access to the appropriate gyms 19. Lack and expense of sports equipment 20. Inappropriate time spent exercising sports facilities 21. Failure to invest in sports facilities development 22. Expenses to participate in sport activities 3.90 Benefits of sport participation	3±1.09 9±0.95
11. Laziness and jest 2.61 12. Shyness 2.62 13. Lack of self-confidence and self-esteem 3.91 14. Family disagreement with participation in sports 15. Not exercising by family members 3.91 16. Economic status of family 2.72 17. Lack of vehicle and transportation 4.10 18. Lack of access to the appropriate gyms 4.41 19. Lack and expense of sports equipment 20. Inappropriate time spent exercising sports facilities 21. Failure to invest in sports facilities development 22. Expenses to participate in sport activities 3.92 Benefits of sport participation	9±0.95
12. Shyness 2.63 13. Lack of self-confidence and self-esteem 3.99 14. Family disagreement with participation in sports 4.21 15. Not exercising by family members 3.99 16. Economic status of family 2.73 17. Lack of vehicle and transportation 4.10 18. Lack of access to the appropriate gyms 4.41 19. Lack and expense of sports equipment 3.42 20. Inappropriate time spent exercising sports facilities 21. Failure to invest in sports facilities development 4.33 22. Expenses to participate in sport activities 3.93 3.94 3.95 3.96 3.96 3.97 3.97 3.98 3.99 3.99 3.99 3.99 3.99 3.90 3.90 3.90	
13. Lack of self-confidence and self-esteem 14. Family disagreement with participation in sports 15. Not exercising by family members 16. Economic status of family 17. Lack of vehicle and transportation 18. Lack of access to the appropriate gyms 19. Lack and expense of sports equipment 20. Inappropriate time spent exercising sports facilities 21. Failure to invest in sports facilities development 22. Expenses to participate in sport activities 39. Benefits of sport participation	2±∩ Q1
14. Family disagreement with participation in sports 15. Not exercising by family members 16. Economic status of family 17. Lack of vehicle and transportation 18. Lack of access to the appropriate gyms 19. Lack and expense of sports equipment 20. Inappropriate time spent exercising sports facilities 21. Failure to invest in sports facilities development 22. Expenses to participate in sport activities 3.99 Benefits of sport participation	1±1.13
15. Not exercising by family members 16. Economic status of family 2.73 17. Lack of vehicle and transportation 18. Lack of access to the appropriate gyms 19. Lack and expense of sports equipment 20. Inappropriate time spent exercising sports facilities 21. Failure to invest in sports facilities development 22. Expenses to participate in sport activities 3.93 Benefits of sport participation	1±1.13
16. Economic status of family 2.73 17. Lack of vehicle and transportation 4.14 18. Lack of access to the appropriate gyms 4.4 19. Lack and expense of sports equipment 20. Inappropriate time spent exercising sports facilities 21. Failure to invest in sports facilities development 22. Expenses to participate in sport activities 3.93 Benefits of sport participation	9±1.06
17. Lack of vehicle and transportation4.1018. Lack of access to the appropriate gyms4.4119. Lack and expense of sports equipment3.4220. Inappropriate time spent exercising sports facilities2.8121. Failure to invest in sports facilities development4.3222. Expenses to participate in sport activities3.93Benefits of sport participation	3±1.00
18. Lack of access to the appropriate gyms4.419. Lack and expense of sports equipment3.420. Inappropriate time spent exercising sports facilities2.821. Failure to invest in sports facilities development4.322. Expenses to participate in sport activities3.9Benefits of sport participation	9±1.17
19. Lack and expense of sports equipment 20. Inappropriate time spent exercising sports facilities 2.8 21. Failure to invest in sports facilities development 4.3 22. Expenses to participate in sport activities 3.9 38 39 39 39 39 39 39 39 39 39 39 39 39 39	1±0.89
20. Inappropriate time spent exercising sports facilities2.821. Failure to invest in sports facilities development4.322. Expenses to participate in sport activities3.9Benefits of sport participation	4±1.08
21. Failure to invest in sports facilities development4.3°22. Expenses to participate in sport activities3.9°Benefits of sport participation	1±0.99
22. Expenses to participate in sport activities 3.99 Benefits of sport participation	7±1.11
Benefits of sport participation	5±1.04
1. Self-management 4.03	3±0.97
2. The ability of decision-making in the new situations 3.93	1±1.02
1 8 1	4±0.77
	1±1.07
8 1 1	3±1.12
8	3±0.83
1 8 11	7±1.14
	6±1.01
	5±0.77
	7±0.94
	8±1.05
8	1±0.81
3	1±0.99
	3±1.13
J	1±0.79 7±1.03
	4±0.91
	6±1.14
0 ,	7±0.88
	. ±0.00
	1+1 01
22. Increase life spam 4.38	1±1.01 3±1.11