$\textbf{Table 1}. \ Average \ distance \ and \ number \ of \ rounds \ by \ each \ rat \ on \ the \ rodents' \ running \ wheel \ (round/day, km/day)$

	The average number of rounds recorded by the rats per day	The mean distance traveled by rats (km) per day (number of rounds * 105 cm)	The mean total recorded rounds by each rat during the training (28 days)	The mean total distance traveled by rats (km) during training (28 days)
Gro	522.613	0.558	14633.164	15.624
up RW +MS	Round per day	Km/d	Round	КМ
Gro	546.797	0.574	15310.33	16.075
up C	Round per day	Km/d	Round	КМ

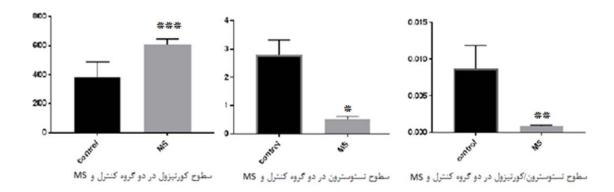


Figure 1. Testosterone, cortisol and testosterone/cortisol levels in research groups

 $\textbf{Table 2.} \ \textit{Mean differences in the levels of cortisol, testosterone and cortisol/testosterone}$

	Mean difference	P value	t	Degree of freedom
Cortisol (pg/ml)	45.45±223.9	0.0396	4	13
Testosterone (ng/ml)	0.2741±-2.25	0.0002	8	6
Testosterone/Cortisol	0.001581±-0.007852	0.0025	4	6

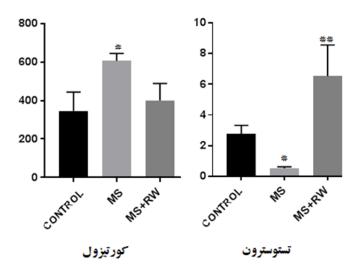


Figure 2. Testosterone and cortisol levels in research groups