

**Table 1)** Average of samples' anxiety scores

Group	Pre-test	Post-test	Follow-up
Experiment	37.60±10.25	20.80±4.93	7.93±2.86
Control	32.00±9.41	32.67±8.72	31.60±9.38

**Table 2)** Results of examining normality of samples' anxiety scores

<b>Stage</b>	<b>Group</b>	<b>Statistics</b>	<b>significance</b>
Pre-test	experiment	0.23	0.20
	control	0.18	0.18
Post-test	experiment	0.12	0.19
	control	0.16	0.20
Follow-up	experiment	0.22	0.17
	control	0.20	0.10