

Table 1) Mean and standard deviation of Social-Cognitive Theory constructs in studied students (n=423)

Structures	Mean	Standard Deviation
knowledge	9.55	1.98
outcome expectation	21.27	2.76
outcome expectancy	22.85	2.58
Observing Learning	12.16	2.23
Self-Efficacy	20.09	5.66
Social Support	22.14	4.73

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Table 2) Regression analysis for predicting of breakfast consumption behavior based on the constructs of Social-Cognitive Theory

Structure	Non-Standard Coefficients		Standard Coefficients		Level of Significance	(R ²)
	B	Standard Error	Beta			
knowledge	0.06	0.04	0.05	0.13		
outcome expectation	0.04	0.03	0.05	0.21		
outcome expectancy	0.01	0.03	0.01	0.64		64%
Observed Learning	0.05	0.03	0.04	0.21		
Self-Efficacy	0.23	0.01	0.57	<0.001		
Social Support	0.18	0.01	0.38	<0.001		

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