

**Table 1)** Comparison between Frequency Distributions of the Samples based on the Demographic Characteristics in Experiment (n=25 persons) and Control (n=25 persons) Groups (numbers in the parentheses showing percentages)

Index	Experiment Group	Control Group	P Value
<b>Gender</b>			
Male	17 (68.0)	13 (52.0)	0.25
Female	8 (32.0)	12 (48.0)	
<b>Education Level</b>			
Illiterate	9 (36.0)	5 (30.0)	0.42
Under Diploma	9 (36.0)	10 (40.0)	
Diploma and Higher	7 (28.0)	10 (40.0)	
<b>Marital Status</b>			
Single	8 (32.0)	6 (24.0)	0.53
Married	17 (68.0)	19 (76.0)	
<b>Resident Place</b>			
Country	11 (44.0)	12 (48.0)	0.78
City	14 (56.0)	13 (52.0)	
<b>Age (Year)</b>			
20-40	9 (36.0)	7 (28.0)	0.09
40-60	4 (16.0)	11 (44.0)	
60-80	12 (48.0)	7 (28.0)	

**Table 2)** Comparison between Frequency Distributions of Dialysis Adequacy in Experiment (n=25 persons) and Control (n=25 persons) Groups before and after the Intervention (numbers in the parentheses showing percentages)

Steps	Experiment Group	Control Group	P Value
<b>Before the Intervention</b>			
Kt/v less than 1.2	20 (80.0)	18 (72.0)	0.51
Kt/v more than 1.2	5 (20.0)	7 (28.0)	
<b>After the Intervention</b>			
Kt/v less than 1.2	10 (40.0)	19 (76.0)	0.01
Kt/v more than 1.2	15 (60.0)	6 (24.0)	