Table 1. Solution-focused therapy intervention protocol

Session	Topics
First	Introduction, introducing the laws, a general description about the therapy, individual talking about behaviors, patterns of thinking, environments and relationships that lead to unnecessary anxiety.
Second	Sharing personal traits, strengths lists.
Third	A group review of the methods to achieve anxiolytic goals beyond group therapy
Fourth	Talking about the goals and achieve objectives and setting them up
Fifth	Grading the level of anxiety and overall well-being. Assigning time to each subject to talk about behaviors, patterns of thinking, environments, and relationships resulting in relaxation.
Sixth	Summarizing the contents of the past sessions and general conclusions

Table 2. Frequency of gender in the sample

Gender	Experimental group		Control group	
	No.	Percentage	No.	Percentage
Female	11	55	13	65
Male	9	45	7	35

Table 3. Mean and standard deviation of interpersonal problems scores in the experimental and control groups in pre-test and post-test

Variable/stage	Group	Number	Mean	SD	Converted mean	Standard deviation of converted mean
Interpersonal problems						
Pre-test	Experimental	20	110.85	22.26	3.47	0.69
	Control	20	120.40	16.44	3.76	0.49
Post-test	Experimental	20	101.55	22.56	3.19	0.70
	Control	20	119.90	15.80	3.75	0.47

Table 4. The results of the Kolmogorov-Smirnov test for normal distribution of scores for interpersonal problems

Normal distribution of scores	Stage	Groups	Kolmogorov-Smirnov		Results
			Statistics	P value	
Interpersonal problems	Pre-test	Experimental	0.67	0.766	Normal
		Control	0.47	0.987	Normal
	Post-test	Experimental	0.65	0.791	Normal
		Control	0.44	0.991	Normal

Table 5. Evaluation of the assumption of homogeneity of regression slopes

Variable	F	P value
Interpersonal problems	0.98	0.618

Table 6. Levine's test results for homogeneity assumption

Variable	F	Degrees of freedom 1	Degrees of freedom 2	P value
Generalized anxiety	0.01	1	38	0.920
Interpersonal problems	0.35	1	38	0.558

Table 7. Results of one-way covariance analysis (MANCOVA) on the mean post-test scores of interpersonal problems in experimental and control groups by pre-test control

Variable	Sum of squares	df	Mean Squares	F	p	Effect size	Statistical power
Interpersonal problems	754.58	1	754.58	81.31	0.001	0.69	1