

**Table 1.** The absolute and relative frequency of health literacy level of the studied subjects (385 persons)

<b>Health literacy level</b>	<b>No.</b>	<b>%</b>
<b>Inadequate health literacy</b>	127	33.0
<b>Borderline health literacy</b>	129	33.5
<b>Adequate health literacy</b>	104	27.0
<b>Excellent health literacy</b>	25	6.5
<b>Total</b>	385	100

**Table 2.** The mean of health literacy dimensions scores and the absolute and relative frequency of different levels of health literacy by health literacy dimensions in the studied subjects (numbers in parentheses are percentages)

<b>Health literacy dimensions</b>	<b>Scores</b>	<b>Inadequate health literacy</b>	<b>Borderline health literacy</b>	<b>Adequate health literacy</b>	<b>Excellent health literacy</b>	<b>Limited health literacy</b>	<b>Optimal health literacy</b>
<b>Reading</b>	15.08±4.30	96 (24.9)	48 (12.5)	136 (35.3)	104 (27.0)	144 (37.4)	241 (62.6)
<b>Access</b>	20.92±5.10	128 (33.2)	78 (20.3)	126 (32.7)	53 (13.8)	206 (53.5)	179 (46.5)
<b>Understanding</b>	26.81±6.60	70 (18.2)	57 (14.8)	129 (33.5)	129 (33.5)	127 (33.0)	258 (67.0)
<b>Evaluation</b>	14.45±4.00	110 (28.6)	69 (17.9)	131 (34.0)	75 (19.5)	179 (46.5)	206 (53.5)
<b>Decision making</b>	43.37±10.83	101 (26.2)	74 (19.2)	131 (34.0)	79 (20.5)	175 (45.5)	210 (54.5)

**Table 3.** Comparison of health literacy level according to demographic characteristics of the subjects (numbers in parentheses are percentages)

<b>Demographic characteristics</b>	<b>Inadequate health literacy</b>	<b>Borderline health literacy</b>	<b>Adequate health literacy</b>	<b>Excellent health literacy</b>	<b>P value</b>
<b>Age group (year)</b>					
18-29	33 (21.9)	44 (29.1)	60 (39.7)	14 (9.3)	0.001
30-39	46 (38.3)	36 (30.0)	32 (26.7)	6 (5.0)	
40-49	32 (47.8)	25 (37.3)	7 (10.4)	3 (4.5)	
50 and over	16 (34.0)	24 (51.1)	5 (10.6)	2 (4.3)	
<b>Gender</b>					
Female	65 (28.3)	76 (33.0)	71 (30.9)	18 (7.8)	0.03
Male	62 (40.0)	53 (34.2)	33 (21.3)	7 (4.5)	
<b>Education</b>					
Elementary	58 (51.8)	47 (42.0)	7 (6.2)	0	0.001
Secondary school	55 (41.4)	48 (36.1)	26 (19.5)	4 (3.0)	
Diploma	12 (11.8)	34 (33.3)	49 (48.0)	7 (6.9)	
University	2 (5.3)	0	22 (57.9)	14 (36.8)	
<b>Occupation</b>					
Employed	49 (35.5)	44 (31.9)	38 (27.5)	7 (5.1)	0.02
Unemployed	10 (41.7)	10 (41.7)	3 (12.5)	1 (4.2)	
Housewife	59 (30.7)	66 (34.4)	57 (29.7)	10 (5.2)	
Student	9 (29.0)	9 (29.0)	6 (19.4)	7 (22.6)	