

Table 1. The mean of demographic variables in two experimental and control groups (n=15 in each group)

Demographic variables	Experimental group	Control group
Age, year	24.00±3.30	24.60±2.87
Marriage length (year)	2.45±1.09	2.51±1.19
Injury percentage of fathers	39.00±9.10	32.67±9.23

Table 2. The mean of assertiveness in two groups in the pre-test and post-test and the results of univariate analysis of covariance for comparing the post-test mean scores of the two groups

Groups	Pre-test	Post-test	Degree of freedom	F	ETA square	Statistical power	P value
Experimental group	109.93±17.80	151.13±22.38	1	23.260	0.492	0.996	0.0001
Control group	120.20±18.88	113.13±32.90					