

Table 1) Statistical Mean Scores of Quality of Life of the Veterans in Two Groups in Different Assessment Sessions

Variables	Experimental Group	Control Group
Mental Health Scale		
Before Intervention	0.13±0.07	0.15±0.06
After Intervention	1.34±0.44	0.17±0.05
Follow-up	1.31±0.36	0.17±0.05
Physical Health scale		
Before Intervention	0.10±0.04	0.17±0.08
After Intervention	1.87±0.51	0.20±0.07
Follow-up	1.80±0.47	0.18±0.06
Total Mean Score		
Before Intervention	0.14±0.08	0.13±0.04
After Intervention	1.72±0.38	0.21±0.09
Follow-up	1.66±0.40	0.20±0.08