

Table 1. Covariance analysis of the effect size of group membership on resilience and emotional control in psychiatric veterans' wives

Variables/Statistical factors	F	P value	Effect size
Resilience			
Pre-test	0.62	0.43	0.03
Group membership	75.10	0.0001	0.73
Emotional control			
Pre-test	5.47	0.02	0.17
Group membership	145.26	0.0001	0.84