

Table 1. Comparison of the mean scores of the anxiety thoughts dimensions in the amputee veterans' wives in the pre-test and post-test (each group had 14 subjects)

Variables	Experimental group	Control group	F	P value
Social worry				
Pre-test	18.78±6.27	17.57±5.72	2.10	0.16
Post-test	13.70±3.78	14.07±4.30		
Health worry				
Pre-test	12.21±4.70	11.20±3.40	3.5	0.05
Post-test	9.35±2.80	10.21±2.40		
Meta-thought				
Pre-test	16.21±5.93	13.92±5.19	17.67	0.0001
Post-test	10.71±2.97	14.07±5.13		