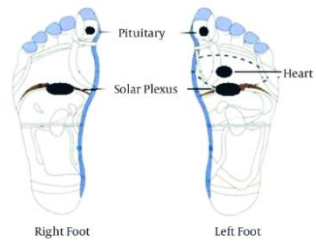**Table 1)** The mean and frequency of maternal and personal information of mothers with premature infants hospitalized in Quchan Shohada Hospital in both intervention and control groups (n=15 in each group)
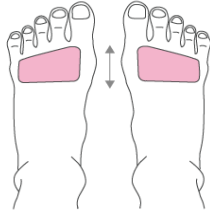
Demographic Variables	Intervention Group	Control Group
Mean Maternal Age (Years)		
-	27.30±6.04	24.60±6.33
Mean Maternal BMI (kg/m²)		
-	23.94±2.00	23.75±2.23
Mean Fetal Age (Week)		
-	31.86±1.88	31.53±1.59
Mean Birth Weight (gr)		
-	1811.20±377.77	1767.33±419.20
Frequency of Delivery Type		
Natural	73.3%	53.3%
Cesarean	26.7%	46.7%
Frequency of Income (Toman)		
Less than one million	53.3%	73.3%
Between one to two million	46.7%	26.7%
Frequency of Education Level		
Primary School	13.3%	6.7%
Junior High School	26.7%	46.7%
Diploma	40.0%	20.0%
University	20.0%	26.7%
Frequency of infants at one labor		
One Infant	86.6%	80.0%
More than one infant	13.4%	20.0%

Table 2) Comparison of mean milk volume of mothers in different stages of the test in the two studied groups

Variables	Intervention Group	Control Group
Volume of milk on the first day (ml)		
Before Massage	78.2±73.6	60.53±34.74
After Massage	54.40±45.69	50.66±32.45
Volume of milk on the third day (ml)		
Before Massage	96.06±58.26	67.53±43.88
After Massage	69.46±39.99	42.00±22.70

Picture 1) Pituitary point and solar system point

Picture 2) Breast points