

**Table 1.** Results of multivariate analysis of variance for comparison of low back pain scores in the studied groups in the pre-test and post-test

<b>Groups</b>	<b>Pre-test</b>	<b>Post-test</b>	<b>Mean difference</b>	<b>F</b>	<b>P value</b>
<b>Aquagymnastic exercise</b>	56.4±8.3	23.7±5.2	-32.7	154.9	0.0001
<b>Kegel exercise</b>	55.5±6.8	25.8±5.3	-29.7		
<b>Combined exercise</b>	60.9±9.3	13.4±3.7	-47.5		
<b>Control</b>	57.7±4.8	75.2±15.2	17.5		