

**Table 1)** Relative and absolute frequency distribution (number and percentage) of demographic characteristics of the subjects

Parameter	Number	Percentage
<b>Mothers' Level of Education</b>		
Illiterate	37	13.7
Primary School	77	28.5
Diploma	88	32.6
Associate and BA/BS	59	21.9
MA and higher	9	3.3
<b>Fathers' Level of Education</b>		
Illiterate	24	8.9
Primary School	56	20.7
Diploma	96	35.6
Associate and BA/BS	79	29.3
MA and higher	15	5.6
<b>Mothers' Occupation</b>		
Homemaker	196	72.6
Employed	60	22.2
Self-Employed	14	5.2
<b>Fathers' Occupation</b>		
Self-employed	118	43.7
Laborer	29	10.7
Employed	120	44.4
Unemployed	3	1.1
<b>Type of School</b>		
Governmental	113	41.9
Private	71	26.3
Prominent Governmental	33	12.2
Schools for Gifted students	35	13.0
School for Martyrs` Children	18	6.7
<b>Family's Economic Status</b>		
Very Good	32	11.9
Good	137	50.7
Moderate	2	0.7

**Table 2)** The mean score of self-concept and its components in the subjects (n=270)

<b>Dimensions of Self-Concept</b>	<b>Mean</b>
<b>Self-Objective</b>	43.26±5.70
<b>Self-Perception</b>	101.25±11.70
<b>Self-Spiritual/Moral</b>	23.79±5.96
<b>Self-Sustaining</b>	03.87±5.89
<b>Self-Ideal</b>	53.87±6.11
<b>Self-Related to Others</b>	54.88±7.79

**Table 3)** Prioritization of incompatible behaviors in the domains of self-concept

Incompatible Behaviors	Percentage	Number
<b>Self-objective</b>		
I do not feel good about menstruation	84.5	228
The incidence of menstruation has caused a lot of pain in my body	83.7	226
I feel bored during my menstruation.	80.0	216
I feel ugly	64.0	173
I am dissatisfied with the changes made to my body form	61.6	165
I am worried about my health.	56.3	152
I feel like I am fat.	54.1	146
<b>Self-Perception: Spiritual-Moral Component</b>		
I feel impolite in my menstrual period and keep away from God	69.7	188
My belief to religious matters has decreased.	48.2	130
<b>Self-Perception: Self-Sustaining</b>		
I am an aggressive person.	63.8	172
I am distressed and distracted.	54.5	147
I am a shy person.	47.8	111
<b>Self-perception: Self-Ideal Component</b>		
I expect my appearance to be better than that.	52.3	141
I do not want to get independence.	51.1	138
<b>Self-related to Others</b>		
I am disputing with family members especially my mother.	55.9	151
My parents do not understand me well.	49.7	134
I cannot share my feelings with my mother.	47.8	129
My parents control me too much.	45.1	122
It is difficult for me to find a friend.	43.7	118