

**Table 1)** The results of the mean total score of the subjects in the studied questionnaires (n = 30)

<b>Group</b>	<b>Pre-test</b>	<b>Post-test</b>
<b>Basic psychological needs</b>		
Cognitive-behavioral treatment	50.40±6.3	63.90±4.97
Acceptance and commitment therapy	51.40±9.91	62.50±7.03
Control	51.20±8.24	51.50±6.74
<b>Post-traumatic stress disorder</b>		
Cognitive-behavioral treatment	40.60±2.22	32.70±2.95
Acceptance and commitment therapy	40.80±3.06	31.50±3.78
Control	38.40±3.14	37.50±3.65
<b>Acceptance and Action</b>		
Cognitive-behavioral treatment	45.60±4.33	53.40±3.98
Acceptance and commitment therapy	45.30±6.31	53.30±5.23
Control	47.00±6.29	47.90±6.98