

**Table 1)** Main themes, categories, and subcategories characteristic of loneliness in the elderly

<b>Categories</b>	<b>Subcategories</b>
<b>Alienation</b>	-Reduction and Being Away from Others -Separation of Work and Social Activities -The Feeling of Being Forgotten
<b>Being Far From Favorite Activities</b>	-Reduction of Individual and Social Function -Limitations due to Physical Problems
<b>Mental Fatigue and Sadness</b>	-Physical-Mental Burnout - Feeling Sad